

# WELLNESS FAIR

May 7, 2011

10am – 1pm

Lincoln Recreation Center

College Station, TX

Free to the  
Public

*Sista Just Do It!*

*Eat, Move and Live*

- Enjoy Healthy Eating Demos
- Participate in Yoga and Zumba
- Learn about your health
- And more....

**Sponsored by:**

Brazos Valley Area Alumnae Chapter of  
Delta Sigma Theta Sorority, Inc.

City of College Station - Lincoln Recreation Center

Brazos County Commissioners Office, Brazos County Health Dept.

TAMU School of Rural Public Health, Center for Community Health Development

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